

# CUDGEN HEADLAND JUNIOR RUGBY LEAGUE CLUB

# HANDBOOK



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## INTRODUCTION

Welcome to Cudgen Headland Junior Rugby League Club. This handbook is designed to be a one stop shop for all the FAQ's and information pertaining to the season ahead. Please refer to this document throughout the year as a record of information for your use. A copy of this handbook will be available through team app.

## WHO ARE WE?

Cudgen Headland Junior Rugby League Club (AKA Cudgen Hornets) is located in Kingscliff NSW and was established in 1973 and has played a valued part in the community since its inception. The club has a rich history in the area and is one of the strongest in the Group 18 competition.

Cudgen Hornets offers Rugby League to those aged 5 to 17. The club promotes club spirit amongst all players, support staff and spectators and encourages all to participate in a good sporting manner. The club also promotes players, support staff and spectators to engage in Rugby League as a safe, healthy and enjoyable activity.

## CONTACT US

Facebook: [facebook.com/CudgenJRL](https://facebook.com/CudgenJRL)  
 Instagram: [cudgenhornetsJRL](https://instagram.com/cudgenhornetsJRL)  
 Team App: Cudgen Hornets JRL  
 Emails: General enquires: [cudgenjrl.secretary@gmail.com](mailto:cudgenjrl.secretary@gmail.com)  
 Registering enquires: [cudgenjrl.registrar@gmail.com](mailto:cudgenjrl.registrar@gmail.com)  
 Financial enquires: [cudgenjrl.treasurer@gmail.com](mailto:cudgenjrl.treasurer@gmail.com)

## 2021 COMMITTEE

President	Sam Prichard	<a href="mailto:cudgenjrl.president@gmail.com">cudgenjrl.president@gmail.com</a>
Vice-President	Sean Alcorn & Brad Smith	<a href="mailto:cudgenjrl.vicepresident@gmail.com">cudgenjrl.vicepresident@gmail.com</a>
Secretary	Peta Thierjung	<a href="mailto:cudgenjrl.secretary@gmail.com">cudgenjrl.secretary@gmail.com</a>
Treasurer	Jo Weaver	<a href="mailto:cudgenjrl.treasurer@gmail.com">cudgenjrl.treasurer@gmail.com</a>
Registrar	Tiarny Prichard	<a href="mailto:cudgenjrl.registrar@gmail.com">cudgenjrl.registrar@gmail.com</a>
Coaching Director	Ben Matthews	<a href="mailto:Cudgenjrl.coaching@gmail.com">Cudgenjrl.coaching@gmail.com</a>
Canteen Co-Ordinator	TBC	
Gear Steward	TBC	

## HOW TO BECOME A CUDGEN HORNET?

All registrations are accepted online only through the [My Sideline NRL registration system](#). You will need an NRL account to complete the registration. Our registrar will also be available most Thursday afternoons at training to assist those having difficulties. A birth certificate or passport must be uploaded in the registration process or sighted by the registrar if you are a new player. No uniforms will be handed out until full payment is made.

## 2021 FEES

Fees for the 2021 season are:

Existing player: \$130.00 per person, includes Insurance levy, playing shorts, socks

New Players: \$230.00 per person, includes Insurance levy, playing shorts, socks, club polo shirt & training shirt.

Want to know where your fees go? Club merchandise, CRL affiliation fees, group 18 affiliation fees, referee fees, administration costs, ground maintenance, presentation day etc.

## ACTIVE KIDS REBATE

**What is Active Kids?** The NSW Government provides 2 x \$100 voucher (January and July) to parents/guardians of school enrolled children. The vouchers can be used for registration and participation costs for sport and fitness activities. The initiative aims to reduce barriers to participation and help change the physical activity behaviours of children and young people in NSW.

**Who is eligible to claim the voucher?** Every child (4.5 - 18 years' old) enrolled in school from Kindergarten to Year 12 will be eligible for an Active Kids Voucher. This includes those who are home-schooled or enrolled in secondary school education at TAFE NSW. It will not be means tested and vouchers will be available for every child in the family annually over the next three years. There will be no limits on the number of applications per family, as long as every child is enrolled in school.

**How to apply for and redeem vouchers?**





1. Visit [www.sport.nsw.gov.au/activekids](http://www.sport.nsw.gov.au/activekids) . Read the Guidelines and Fact Sheets to learn about the program.
2. Visit [service.nsw.gov.au](http://service.nsw.gov.au) and create or login to your MyServiceNSW Account
3. Complete an Active Kids application through your MyServiceNSW Account. You will receive a voucher with a unique ID number for each child you register (available to download, print and email)
4. Redeem your voucher during your rugby league registration in the payment section.

If you have any inquiries about the program, please view [www.sport.nsw.gov.au/activekids](http://www.sport.nsw.gov.au/activekids) or ask our registrar or treasurer.



## UNIFORMS

Uniforms will be issued in late March. Uniforms will only be issued to those whose registration fees have been paid in full.

ITEM		PRICE
Polo Shirt (Expected to be worn to every game)		Included in the 2021 New Player registration fees.  Will be available for purchase for existing players.
Training Shirt Expected to be worn to training)		Included in the 2021 New Player registration fees.  Will be available for purchase for existing players.
Playing Shorts (must be worn on game days)		Included in all 2021 registration fees.
Playing Socks (Must be worn on game days)		Included in all 2021 registration fees.
Training Shorts (optional)	New design coming	\$TBC

Hoodie		\$TBC
Jacket		\$TBC Pre order only
Gear Bag	TBC	\$TBC
Head Gear	TBC	\$TBC
Mouthguard (a mouthguard is required to take the field)		At players own expense.
Football boots (Moulded Sole Boots)		At players own expense.

## BEHAVIOURAL FRAMEWORK



### CUDGEN HORNETS JRL ANTI BULLYING/BAD BEHAVIOUR POLICY

Cudgen JRL focus is on training hard, performing drills and developing players skills in a fun, positive environment.

To achieve this, Cudgen JRL have implemented a zero tolerance to bullying and disruptive behaviour at training sessions and on game days - on and off the field. This zero tolerance encompasses ALL players, their families, parents and guardians. Cudgen JRL's players, coaches and trainers require your support.

Cudgen JRL coaching staff will be given, training, tools and resources to combat bad behaviour.

Coaching staff will manage disruptive behaviour with training drills and/or penalties if deemed appropriate. The purpose of penalties is to teach players, working as a team is the way to achieve a greater good.

If a player and/or multiple players continue to disrupt the team, resulting in coaching staff unable to spend time with the rest of the team, this player and/or players will be asked to sit out. At the end of that training session, coaching staff will notify the Coaching Director and notes will be made and recorded.

The Coaching Director will monitor coaching staff and the involved player and/or players across 3 training sessions. The Coaching Director and coaching staff will meet to discuss the matter and report outcomes after 3 sessions.

At the discretion of coaching staff, they will arrange to meet the parents or guardians of the player and/or players involved to discuss the disruptive behaviour or bullying.

If players refuse to amend their bad behaviour or rectify the situation, or if the player and/or players refuse to come to training, or refuse to be apart of the team, they will be suspended until changes can be made.

## CONCUSSION

The most important element in the management of concussion must always be the welfare of the player - in both the short and long term. All players with concussion, or suspected of having a concussion, should seek urgent medical assessment.

Cudgen Hornets JRL follow the concussion policy of Group 18 and the NSWRL. The full guideline is available [here](#).

## TRAININGS

Trainings are held every Tuesday and Thursday from 4.00pm to 6.00pm at Cudgen Leagues Club. Specific times will be confirmed by your coach. Training for the season will commence in March.

## CARNIVALS

There will be various carnivals held throughout the season.

**Conaghan Shield:** this carnival is for Mini's (U6 to U9) and Mod's (U10's to U12's), and is a pre-season tournament held in Murwillumbah. This usually takes place in early April however the dates for this season are TBC. Mini's (U6's to U9's) will have 2 to 3 games throughout the day while Mod (U10's to U12's) teams will play a knockout tournament. Finals will be held on the same day.

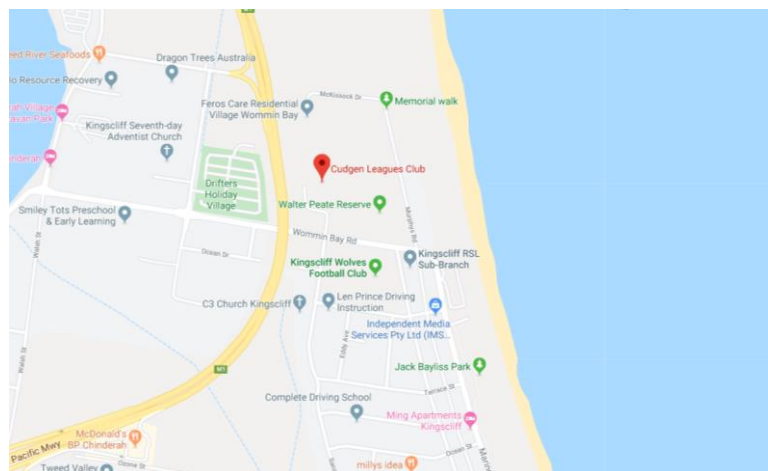
**Nines Tournament:** this carnival is for Internationals (U13's to U16's) and will be contested in late March with the venue and date for this season's tournament TBC. All teams will participate in a few games on the day with finals on later during the day.

**DB Cup (Derek Brouwer Cup):** this carnival is for Mini's (U6 to U9) and Mod's (U10's to U12's), with the Mini's playing at one venue and the Mod's playing at another venue. This carnival is usually held in June with the venues and date for this season's tournament TBC. Each team plays about 3 games with finals to be played on a following weekend (Sunday), again venue and dates TBC.

## GROUND LOCATIONS

All trainings and home games are played at Cudgen Leagues Club.

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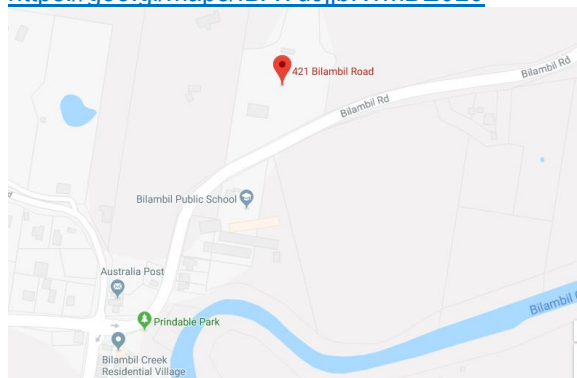


Other game locations include:

### Bilambil

421 Bilambil Road, Bilambil

<https://goo.gl/maps/fBAYuJjibNvmBE6L6>



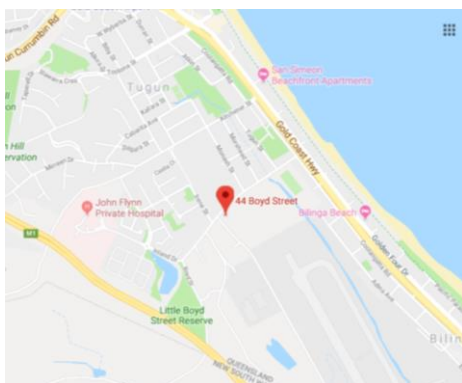
### Byron Bay

Red Devil Park, 250 Bangalow Rd, Byron Bay

<https://goo.gl/maps/Ucc8hEBebahcT82eA>







## Tweed Coast

Forest Oak Cres, Round Mountain

<https://goo.gl/maps/5fwcgNnNNHmNemNU9>

## COMMUNICATIONS

Most communications are delivered via Facebook, Instagram and Emails. If you are unable to view either of these sources, contact your coach, team manager or a committee member.

**Game times and results:** Weekly updates will also be provided via Facebook. You can also download the My League app (available from apple and android app stores) which also contains the full season draw. It is recommended you also confirm with your coach on a Thursday afternoon when and where you play in case last minute changes have occurred.

**Absent:** if you know your going to be absent please ensure you inform your coach or team manager at your earliest so other players can be arranged to play up.

**Wet weather:** Please check Facebook and/or Team App on training days for any closures or changes to training. Any cancellations to games will be posted be made available by 7am Saturday.

**Social Media:** Please follow us on Facebook, Instagram and Team App. Remember to use all social media platforms in a respectful and positive manner.

Facebook: [facebook.com/CudgenJRL](https://www.facebook.com/CudgenJRL)

Instagram: [cudgenhornetsJRL](https://www.instagram.com/cudgenhornetsJRL)

Team App: Cudgen Hornets JRL

## VOLUNTEERS

Volunteers are an important part of our club. Our committee consists of entirely volunteers and we appreciate any help that you can give us.

Positions descriptions outlining the roles of coaches, league safe and FAOs are available on our facebook page and team app.

Home games are particularly in need of volunteers. The following positions are **COMPULSORY** by the League and if not filled home games cannot take place. Please give a little time before or after your children's games. Ask not what your club can do for you, but what can you do for your club.

**Set up/Pack Down:** assist in setting up or packing down all the fields including ropes, marquees, cones, goal pads, mini goal posts, tables etc.

**Ground manager** (orange/red vest): Oversee the set up and pack down of the field areas, ensure equipment is ready for all games and kept in a useable condition and advise the club if replacements are requested.

**Official timekeeper:** Best seat in the house. Instructions provided.

**Canteen:** This is a busy area for the club and more help the merrier. Help serve food and drinks with cash handling.

## INSURANCE

With the amalgamation of Country Rugby Leagues and NSWRL at the end of 2019 we are awaiting further advice on information surrounding insurance. Once registered participants are covered by insurance. This section of the handbook will be updated in due course.

## COMMITTEE MEETINGS

Committee meetings are usually held on the first Tuesday of the month at 6pm at the Cudgen Leagues club. Committee members and coaches are expected to attend. We also encourage and welcome anyone outside of these roles who is interested to also attend. If you are unable to attend and have something you would like brought up at a meeting, please send an email to [cudgenjrl.secretary@gmail.com](mailto:cudgenjrl.secretary@gmail.com)

## TEAM PHOTOS

Team photos will be conducted on a home game day during the season. More information will be communicated on this in due course. Photos will be available for purchase.

## REPRESENTATIVE FOOTBALL

U14 and U15 compete in the Country Championships during September. Teams are picked during the year and training will commence once a team is selected. You will be notified of an open trial for this team during the year.

U16s have already been selected for this season in the Northern Rivers Titans team to participate in the Andrew Johns Cup throughout February & March.

U13 players will be invited to participate in a development weekend.

## CODES OF CONDUCT AND POLICIES

Cudgen Hornets JRL adheres to all policies made by Group 18, NSWRL and the NRL. Many of these policies are available on the following website:

<https://www.nrl.com/community/inclusion/rights-and-responsibilities/codes-and-policies/>

## SOCIAL MEDIA POLICY

The Club will act against any individual or group who breaks the following rules surrounding the improper use of social media:

***That any player, official, volunteer, or parent found commenting on Facebook or other forms of Social Media in an abusive, defamatory, insightful, harassing or bullying manner, directly or indirectly to any other player, official, volunteer, or parent will have the comments brought to the attention of the disciplinary committee and will face a 4-week suspension from football. This suspension can also be brought against parents who will be banned from grounds. There is no freedom of speech or any privacy matter that can be argued. The internet is a public domain and once something is posted it is in no way private anymore.***

In any incident of this type occurring to yourself or child, please take a screenshot of the conversation and bring it to the attention of a club official. Please do not ignore this matter - this is important for sport and for all children. Misuse of Social Media will not be tolerated.

<https://www.nrl.com/community/inclusion/rights-and-responsibilities/codes-and-policies/>